

**Mason  
Elementary  
School**



**APRIL 2018  
BREAKFAST MENU**



**Chef Deb  
Food Service Director  
878-2962 Ext. 23**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>2</b></p> <p>Assorted Mini Muffins</p> <p>Assorted Yogurt</p> <p>Clementine</p>	<p><b>3</b></p> <p>Whole Wheat French Toast Served with Local Maple Syrup Honey Ham Fresh Cut Banana</p>	<p><b>4</b></p> <p>Cheesy Scrambled Egg Whole Wheat Toast Sausage Fresh Cut Pineapple</p>	<p><b>5</b></p> <p>Whole Wheat Plain or Chocolate Chip Pancake Served with Local Maple Syrup, Bacon Fresh Cut Cantaloupe</p>	<p><b>6</b></p> <p>Assorted Cereal</p> <p>Yogurt Fruit Smoothie</p> <p>Grapes</p>
<p><b>9</b></p> <p>Assorted Fruit Pastries</p> <p>Assorted Yogurt</p> <p>Fresh Cut Watermelon</p>	<p><b>10</b></p> <p>Scrambled Eggs Whole Wheat Toast Sausage Orange</p>	<p><b>11</b></p> <p>Ham &amp; Cheese Omelet Whole Wheat Toast Fresh Cut Pineapple</p>	<p><b>12</b></p> <p>Whole Wheat Waffle Served with Local Maple Syrup Honey Ham Fresh Cut Strawberries</p>	<p><b>13</b></p> <p>Toasted Whole Wheat English Muffin with Peanut Butter &amp; Jelly or Cream Cheese Assorted Yogurt Fresh Cut Kiwi</p>
<p><b>16</b></p> <p>Cheesy Scrambled Eggs Sausage Whole Wheat Toast Fresh Cut Cantaloupe</p>	<p><b>17</b></p> <p>Breakfast Pizza on Whole Wheat Crust with Ham, Bacon, Tomato, Spinach &amp; Cheese Clementine</p>	<p><b>18</b></p> <p>Chef Deb's Home Made Whole Wheat Plain or Cinnamon Donuts Fruit Yogurt Smoothie Fresh Cut Watermelon</p>	<p><b>19</b></p> <p>Whole Wheat Bagel Thin Sandwich with Egg, Cheese &amp; Sausage Maple Glazed Apples</p>	<p><b>20</b></p> <p>Assorted Cereal</p> <p>Assorted Yogurt</p> <p>Orange</p>
<p><b>23</b></p> <p><i>No School Spring Recess</i></p>	<p><b>24</b></p> <p><i>No School Spring Recess</i></p>	<p><b>25</b></p> <p><i>No School Spring Recess</i></p>	<p><b>26</b></p> <p><i>No School Spring Recess</i></p>	<p><b>27</b></p> <p><i>No School Spring Recess</i></p>
<p><b>30</b></p> <p>Assorted Cereal</p> <p>Fruit Yogurt Smoothie</p> <p>Clementine</p>				

**Snack Milk or Juice - \$0.50**

**Breakfast - \$1.90 (Milk or Juice Included)**

**Lunch - \$2.60 (Milk or Juice Included)**

*Drink Choices: Fat Free Skim Milk,*

*Low Fat Milk (White, Chocolate-Friday's Only)*

*Juice (Orange, Cranberry, Grape, Apple)*

**Alternative Lunches Available:**

*\*Deli Meats & Cheese on Multi Grain Bread\**

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