

Be Prepared!



1. *Does my child have any symptoms of COVID- 19 such as:

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| Fever (100.4 or higher) or chills | Cough |
| Shortness of breath or difficulty breathing | Fatigue |
| Muscle or body aches | Headache |
| New loss of taste or smell | Sore throat |
| Congestion or runny nose
abdominal pain | GI Symptoms: Nausea, vomiting, diarrhea and/or |

2. *Has anyone in my family had close contact with someone suspected or confirmed to have COVID-19 in the prior 14 days?

3. *Has anyone in my family traveled in the prior 14 days outside of New England (outside of NH, VT, MA, CT, VT, or RI)?

If you answer any of them with **“YES” you should **NOT** send your student to school. Instead, please follow up with your primary Physician for further testing guidelines and alert the school to enable tracing information to the CDC, and provide remote instruction for any days missed during assessment or quarantine. *(Please see the school website and reopening plan for more detail.)* **You may also call the State’s **“211”** Phone service to connect you with current information on what the Department of Public health is recommending, and how to obtain services such as testing etc

Thank you for keeping our community safe and healthy!