

## **JLCA - Physical Examination Of Students**

### *Category R*

Each child must have a complete physical examination within one year preceding first entry to school. The Board recommends that physical exams also be completed before entry into middle school and again before high school. No medical examination shall be required of a child whose parent or guardian objects thereto in writing on the grounds such medical examination is contrary to his/her religious tenets, teaching, and/or moral code.

Parents of students transferring to the District must present proof of meeting the physical examination requirement prior to or upon first entry into the District's schools. Failure to comply with this provision may result in exclusion from school for the child.

Prior to participation on a school athletic team, students must provide written documentation that they have passed a physical. Such exam must be completed at least once every school year. This requirement does not apply to students participating in intramural athletics. The school may schedule physical exams; any student who misses the scheduled physicals must present evidence of a physical exam from his/her own licensed health care provider.

No child shall be excused from regular physical education except on the written notice of a duly licensed health care provider or on the written request of the parents, subject to the Superintendent's approval, in which case an alternative program shall be provided. The physical education teacher, school nurse, or principal, upon the request of the parents, may grant temporary excuses on a day-to-day basis.

### **Parent Notification - Certain Circumstances**

Per Federal Law and the Protection of Pupil Rights Amendment, if the District utilizes federal money to perform physical exams or screenings on students, the District will notify parent(s) of such physical exam or screening and will allow the parent's to "opt out" their child of any non-emergency, invasive physical exam or screening required as a condition of attendance, administered by the school or its agent and scheduled by the school, and not necessary to protect the immediate health and safety of a student or of another student, except for hearing, vision, or any physical exam or screening required under state law.

### **Legal Reference:**

RSA [141-C:20-c](#), Exemptions

*RSA [200](#):32, Physical Examination of Pupils*

*RSA [200](#):38, Control and Prevention of Communicable Diseases: Duties of School Nurse*

*NH Code of Administrative Rules, Section Ed. [311.03](#), Physical Examination of Students*

*[No Child Left Behind, Title II, Sec 1061](#)*

*Protection of Pupil Rights Amendment, 20 U.S.C. §1232h; [34 C.F.R. Part 98](#)*

*Appendix: [JLCA-R](#)*

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