



Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Holiday Recess	2 Scrambled Eggs Whole Wheat Toast Sausage Fresh Cut Pineapple	3 French Toast Served with Local Maple Syrup Grilled Honey Ham Fresh Cut Cantaloupe	4 Assorted Muffins Assorted Yogurt Kiwi	5 Assorted Cereal Fruit Yogurt Smoothie Clementine
8 Assorted Cereal Fruit Yogurt Smoothie Pears	9 Whole Wheat Plain or Chocolate Chip Pancake Served with Local Maple Syrup Grilled Honey Ham Banana	10 Whole Wheat Bagel Thin with Egg, Bacon & Cheese Fresh Cut Strawberries	11 Cheesy Scrambled Eggs Whole Wheat Toast Tater Tots Sausage Peaches	12 Toasted whole Wheat English Muffin with PB & J, or Cream Cheese Assorted Yogurt Fresh Cut Orange
15 No School Martin Luther King Day	16 No School Teacher Workshop Day	17 Assorted Cereal Assorted Yogurt Maple Glazed Apples	18 Whole Wheat Waffle Served with Local Maple Syrup Sausage Fresh Cut Strawberries	19 Cheesy Scrambled Egg Whole Wheat Toast Bacon Fresh Cut Watermelon
22 Cinnamon Twists Fruit Yogurt Smoothie Fresh Cut Orange	23 "Hot Pocket" with Egg, Ham & Cheese Grapes	24 Chef Deb's Home Made Mini Donuts Fruit Yogurt Smoothie Fresh Cut Pineapple	25 Cheesy Scrambled Eggs Whole Wheat Toast Grilled Honey Ham Fresh Cut Cantaloupe	26 Assorted Cereal Assorted Yogurt Clementine
29 Whole Wheat Bagel Thin with Egg, Ham & Cheese Fresh Cut Watermelon	30 "Breakfast Pizza" With Scrambled Egg, Tomato, Ham, Cheese & Sausage Banana	31 Assorted Cereal Fruit Yogurt Smoothie Grapes		

Snack Milk or Juice - \$0.50

Breakfast - \$1.90 (Milk or Juice Included)

Lunch - \$2.60 (Milk or Juice Included)

Drink Choices: Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

Alternative Lunches Available:

Deli Meats & Cheese on Multi Grain Bread

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