

Mason  
Elementary  
School



JUNE 2017  
BREAKFAST MENU



Chef Deb  
Food Service Director  
878-2962 Ext. 23

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast Served with Local Maple Syrup Honey Ham  Blueberries	2 Assorted Cereal  Assorted Yogurt  Clementine's
5 Whole Grain Bagel with Egg, Ham & Cheese  Fresh Cut Pineapple	6 Hot Pocket with Egg, Sausage & Cheese  Fresh Cut Cantaloupe	7 Muffins  Fruit Yogurt Smoothie  Fresh Cut Watermelon	8 Assorted Cereal  Fruit Yogurt Smoothie  Banana	9 Toasted Whole Wheat Bagel with Peanut Butter & Jelly or Cream Cheese Assorted Yogurt Maple Glazed Apples
12 Cheesy Scrambled Eggs Sausage Whole Wheat Toast Oranges	13 Whole Wheat Plain or Blueberry Pancake Served with Local Maple Syrup Honey Ham Kiwi	14 Whole Wheat Bagel with Egg, Bacon & Cheese  Grapes	15 French Toast Served with Local Maple Syrup Honey Ham Fresh Cut Strawberries	16 Assorted Cereal  Assorted Yogurt  Fresh Cut Pineapple
19 Whole Wheat Waffle Served with Local Maple Syrup Sausage Fresh Cut Banana	20 Scrambled Eggs Sausage Hash Brown Whole Wheat Toast Apples	21 Whole Wheat Plain or Chocolate Chip Pancake with Local Maple Syrup Honey Ham Fresh Cut Strawberries		

Snack Milk or Juice - \$0.50

Breakfast - \$1.80 (Milk or Juice Included)

Lunch - \$2.50 (Milk or Juice Included)

Drink Choices: Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

Alternative Lunches Available:

\*Whole Wheat Veggie Wraps\*

\*Deli Meats & Cheese on Multi Grain Bread\*

This institution is an equal opportunity provider.