

Mason  
Elementary  
School



JUNE 2018  
BREAKFAST MENU



Chef Deb  
Food Service Director  
878-2962 Ext. 23

Monday

Tuesday

Wednesday

Thursday

Friday

				1 Assorted Cereal Assorted Yogurt Fresh Cut Pineapple
4 Whole Wheat Waffle with Local Maple Syrup  Honey Ham  Fresh Cut Kiwi	5 Cheesy Scrambled Eggs Whole Wheat Toast  Sausage  Fresh Cut Orange	6 Whole Wheat English Muffin with Egg, Bacon & Cheese  Fresh Cut Apple	7 Chef Deb's Home Made Cinnamon Twists  Assorted Yogurt  Grapes	8 Assorted Cereal Fruit Yogurt Smoothie  Clementine
11 "Hot Pocket" with Egg, Bacon & Cheese  Fresh Cut Cantaloupe	12 French Toast Served with Local Maple Syrup Honey Ham Fresh Cut Strawberries	13 Scrambled Eggs Tater Tots Sausage Whole Wheat Toast Clementine	14 Plain or Cinnamon Donuts Fruit Milk Shake Fresh Cut Pineapple	15 Assorted Cereal Fruit Yogurt Smoothie  Peaches

**Snack Milk or Juice - \$0.50**

**Breakfast - \$1.90 (Milk or Juice Included)**

**Lunch - \$2.60 (Milk or Juice Included)**

*Drink Choices:* Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

**Alternative Lunches Available:**

\*Deli Meats & Cheese on Multi Grain Bread\*

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