

Mason  
Elementary  
School



JUNE 2019  
BREAKFAST MENU



Chef Deb  
Food Service Director  
878-2962 Ext. 23

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheesy Scrambled Eggs Honey Ham Whole Wheat Toast Fresh Cut Orange	4 Chef Deb's Homemade Cinnamon Twists Assorted Yogurt Fresh Cut Cantaloupe	5 Whole Wheat English Muffin Sandwich with Egg, Bacon & Cheese Fresh Cut Pineapple	6 Chef Deb's Homemade Banana Bread Yogurt Fruit Smoothie Fresh Cut Kiwi	7 Assorted Cereal Assorted Yogurt Fresh Cut Watermelon
10 Whole Wheat Bagel Thin Sandwich with Egg, Sausage & Cheese Fresh Cut Apple	11 Scrambled Eggs Whole Wheat Toast Sausage Clementine	12 Whole Wheat French Toast Served with Local Maple Syrup Bacon Grapes	13 Whole Wheat English Muffin Sandwich with Egg, Ham & Cheese Fresh Cut Strawberries	14 Assorted Cereal Assorted Yogurt Fresh Fruit Medley
17	18	19	20	21
24	25	26	27	28

**Snack Milk or Juice - \$0.50**

**Breakfast - \$1.90 (Milk or Juice Included)**

**Lunch - \$2.60 (Milk or Juice Included)**

*Drink Choices:* Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

**Alternative Lunches Available:**

\*Deli Meats & Cheese on Multi Grain Bread\*

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