

**Mason
Elementary
School
Monday**



**JUNE 2018
LUNCH MENU**



**Chef Deb
Food Service Director
878-2962 Ext. 23**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Salad Sandwich on Whole Wheat Bun French Fries Carrot & Cucumber with Ranch Dip Fresh Cut Pineapple
4 Grilled Ham & Cheese on Whole Wheat Bread Caesar Salad Broccoli & Cherry Tomato with Ranch Dip Fresh Cut Cantaloupe	5 Turkey Taco Tuesday with Lettuce, Tomato, Cheese, Salsa & Sour Cream On Whole Wheat Flour or Corn Tortilla Shell Brown Rice Pilaf Coleslaw Peppers & Cauliflower with Ranch Dip Fresh Cut Oranges	6 Whole Wheat Mac & Cheese Plain or with Ham Whole Wheat Roll Baby Green Toss Salad w/Chick Peas Cucumber & Radish with Ranch Dip Fresh Cut Watermelon	7 Hot Open Faced Turkey Sandwich on Whole Wheat Bread w/Gravy Mash Potato Peas Carrots with Ranch Dip Peaches	8 Grilled Cheese on Whole Wheat Bread Cream of Tomato Soup Spinach Salad with Black Beans Clementine
11 Hot Dog on a Whole Wheat Bun Baked Beans Broccoli & Carrots with Ranch Dip Fresh Cut Apples	12 Chicken Chili Corn Tortilla Chips Caesar Salad Cherry Tomato & Peppers with Ranch Dip Fresh Cut Watermelon	13 Spaghetti with Meat Sauce or Marinara Whole Wheat Roll Baby Green Toss Salad with Chick Peas Cucumber & Cauliflower with Ranch Dip Fresh Cut Pineapple	14 "Breakfast 4 Lunch" French Toast Served with Local Maple Syrup Sausage Tater Tots Applesauce Fresh Cut Cantaloupe	15 Cheese or Pepperoni Pizza Spinach Salad with Black Beans Carrots & Cherry Tomato with Ranch Dip Mixed Fresh Fruit

Snack Milk or Juice - \$0.50

Breakfast - \$1.90 (Milk or Juice Included)

Lunch - \$2.60 (Milk or Juice Included)

Drink Choices: Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

Alternative Lunches Available:

Deli Meats & Cheese on Multi Grain Bread

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