

**Mason
Elementary
School**



**JUNE 2019
LUNCH MENU**



**Chef Deb
Food Service Director
878-2962 Ext. 23**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ham & Cheese on Whole Wheat Flat Bread Orzo & Brown Rice Vegetable Salad Broccoli & Cherry Tomato with Ranch Dip Fresh Cut Orange	4 Steak & Cheese Sandwich on a Whole Wheat Sub French Fries Caesar Salad Fresh Cut Cantaloupe	5 Cheese Stuffed Ravioli w/Marinara Sauce Whole Wheat Roll Baby Green Toss Salad Carrots & Pepper with Ranch Dip Fresh Cut Pineapple	6 French Bread Pizza Cheese or Pepperoni Spinach Salad Cauliflower & Cherry Tomato with Ranch Dip Fresh Cut Apple	7 Fish Taco with Lettuce, Cheese, Salsa & Sour Cream on a Soft Shell Corn, Coleslaw Rice Pilaf Cucumber & Broccoli with Ranch Dip Fresh Cut Watermelon
10 BBQ Pulled Pork on a Whole Wheat Bun French Fries Caesar Salad Coleslaw Fresh Cut Pineapple	11 Cheese or Pepperoni Pizza Spinach Salad Onion Rings & Hoodsie Cups	12 American Chop Suey. Whole Wheat Roll Baby Green Toss Salad Corn & Peas Fresh Cut Cantaloupe	13 Coconut Shrimp with Sweet & Sour Sauce Rice Pilaf Vegetable Medley Whole Wheat Roll Fresh Cut Pineapple	14 Grilled Ham & Cheese Sandwich on Whole Wheat Bread Whole Wheat Pasta Vegetable Salad Broccoli & Carrots with Ranch Dip Grapes
17	18	19	20	21
24	25	26	27	28

Snack Milk or Juice - \$0.50

Breakfast - \$1.90 (Milk or Juice Included)

Lunch - \$2.60 (Milk or Juice Included)

Drink Choices: Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

Alternative Lunches Available:

Deli Meats & Cheese on Multi Grain Bread

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