



Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL WINTER RECESS
4 Cheesy Scrambled Eggs Whole Wheat Toast Honey Ham Fresh Cut Kiwi	5 Whole Wheat French Toast Served with Local Maple Syrup Sausage Fresh Cut Orange	6 Whole Wheat English Muffin Sandwich with Egg, Bacon & Cheese Fresh Cut Pineapple	7 Chef Deb's Homemade Donuts Assorted Yogurt Fresh Cut Cantaloupe	8 Assorted Cereal Fruit Yogurt Smoothie Fresh Cut Apple
11 Assorted Cereal Assorted Yogurt Clementine	12 NO SCHOOL TEACHER WORKSHOP DAY	13 Toasted Whole Wheat English Muffin with PB & J or Cream Cheese Fruit Yogurt Smoothie Fresh Cut Pineapple	14 Scrambled Eggs Whole Wheat Toast Tots Fresh Cut Orange	15 Whole Wheat Bagel Thin Sandwich with Egg, Bacon & Cheese Fresh Cut Pears
18 Cheesy Scrambled Eggs Whole Wheat Toast Sausage Grapes	19 Whole Wheat Waffle Served with Local Maple Syrup Honey Ham Fresh Cut Strawberries	20 Whole Wheat English Muffin Sandwich with Egg, Ham & Cheese Banana	21 Chef Deb's Homemade Banana Bread Fruit Yogurt Smoothie Fresh Cut Cantaloupe	22 Assorted Cereal Fruit Yogurt Smoothie Fresh Cut Plums
25 Whole Wheat Plain or Chocolate Chip Pancake Served with Local Maple Syrup Bacon Fresh Cut Pineapple	26 Scrambled Eggs Whole Wheat Toast Sausage Fresh Cut Apple	27 Assorted Cereal Assorted Yogurt Clementine	28 Apple Cinnamon Turnovers Assorted Yogurt Fresh Cut Cantaloupe	29 Whole Wheat Toasted English Muffin with PB & J or Cream Cheese Assorted Yogurt Fresh Cut Kiwi

**Snack Milk or Juice - \$0.50**

**Breakfast - \$1.90 (Milk or Juice Included)**

**Lunch - \$2.60 (Milk or Juice Included)**

*Drink Choices:* Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

**Alternative Lunches Available:**

\*Deli Meats & Cheese on Multi Grain Bread\*

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