

Mason  
Elementary  
School



MAY 2018  
BREAKFAST MENU



Chef Deb  
Food Service Director  
878-2962 Ext. 23

Monday

Tuesday

Wednesday

Thursday

Friday

	1 Whole Wheat Waffle Served with Local Maple Syrup Bacon Fresh Cut Strawberries	2 Scrambled Egg Whole Wheat Toast Hash Brown Fresh Cut Cantaloupe	3 Whole Wheat English Muffin Sandwich with Egg, Sausage & Cheese Fresh Cut Pineapple	4 Assorted Cereal Assorted Yogurt Clementine
7 "Hot Pocket" with Egg, Bacon & Cheese Grapes	8 Cinnamon Rolls Fruit Yogurt Smoothie Peaches	9 Chef Deb's Home Made Banana Bread Fruit Milk Shake	10 Cheesy Scrambled Eggs Whole Wheat Toast Sausage Banana	11 Assorted Fruit Pastries Fruit Yogurt Smoothie Fresh Cut Pineapple
14 Cheesy Scrambled Eggs Whole Wheat Toast Honey Ham Kiwi	15 Whole Wheat French Toast Served with Local Maple Syrup Sausage Peaches	16 Whole Wheat Bagel with Egg, Ham, & Cheese Fresh Cut Strawberries	17 Whole Wheat Plain or Chocolate Chip Pancake Served with Local Maple Syrup, Bacon Grapes	18 Assorted Cereal Fruit Yogurt Smoothie Fresh Cut Pineapple
21 Whole Wheat English Muffin Sandwich with Egg, Bacon & Cheese Fresh Cut Cantaloupe	22 Chef Deb's Home Made Plain or Cinnamon Donuts Fruit Milk Shake Grapes	23 Scrambled Eggs Whole Wheat Toast Sausage Fresh Cut Orange	24 Assorted Cereal Fruit Yogurt Smoothie Peaches	25 <b>NO SCHOOL</b>
28 <b>NO SCHOOL</b> <b>MEMORIAL DAY</b>	29 Cheesy Scrambled Eggs Whole Wheat Toast Hash Brown Honey Ham Clementine	30 Whole Wheat French Toast Served with Local Maple Syrup Bacon Blueberries	31 Breakfast Pizza with Egg, Ham, Bacon & Cheese Fresh Cut Orange	

**Snack Milk or Juice - \$0.50**

**Breakfast - \$1.90 (Milk or Juice Included)**

**Lunch - \$2.60 (Milk or Juice Included)**

Drink Choices: Fat Free Skim Milk,

Low Fat Milk (White, Chocolate-Friday's Only)

Juice (Orange, Cranberry, Grape, Apple)

**Alternative Lunches Available:**

\*Deli Meats & Cheese on Multi Grain Bread\*

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