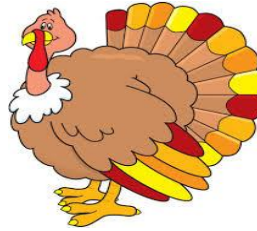


Mason
Elementary
School



NOVEMBER 2020
LUNCH MENU



CHEFrey
Food Service Director
878-2962 Ext. 23

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mason Mighty Taco Buffet with Toppings of Lettuce, Tomato & Cheese Fruit	3 No School Teacher Workshop Day	4 No School Remote Day	5 Breakfast All Day Scrambled Eggs French Toast Pancakes with Maple Syrup Bacon & Sausage Fruit	6 Mile High Fish Fry with CHEFrey's Clam Chowder French Fries Coleslaw Tartar Sauce Fruit
9 Spaghetti & Meatballs CHEFrey's Red Sauce Garlic Bread Tossed Salad Fruit	10 Teriyaki Grilled Chicken Wheat Rice Mixed Greens Fruit	11 No School Remote Day	12 Massive Cheesy Mac & Cheese Tossed Salad Fruit	13 Chili & Cheese Chips & Salsa Roasted Cauliflower Chick Peas Salad Whole Wheat Roll Fruit
16 Mason Chicken Nuggets French Fries Mixed Greens Fruit	17 Shepard's Pie Whole Wheat Roll Mixed Greens Fruit	18 No School Remote Day	19 Stuffed Shells Topped with CHEFrey's Red Sauce Whole Wheat Roll Caesar Salad Fruit	20 Chicken Stir Fry with Veggies over Wheat Rice Lettuce Wedge with Bacon Bits and Blue Cheese Fruit
23 Turkey Pot Pie Mixed Greens Fruit	24 Happy Hamburg Day Waffle Fries Mixed Greens Fruit	25 No School Thanksgiving Recess	26 No School Thanksgiving Recess	27 No School Thanksgiving Recess
30 Meat Loaf Mashed Potato Veggies Fruit				

Snack Milk or Juice - \$0.50

Breakfast - \$1.90 (Milk or Juice Included)

Lunch - \$2.85 (Milk or Juice Included)

Drink Choices: Fat Free Chocolate Milk, White Milk

Low Fat White Milk

Orange Juice

Alternative Lunches Available:

Sandwich

All Hamburg will be cooked to a

Temperature of/or more than 145 degrees

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