



# Mason School District

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School Administrative Unit #89  
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## Nurse Notes

11/9/20

Dear Families,

We want to keep you as informed as possible, so that together we can continue to keep ourselves, each other and our community intact and in good health. Here are a few things worth mentioning that we have learned since starting in September.

- When you or a family member is getting tested, there are times in which you may want to quarantine while pending test results. Please make sure you call us if you have any reservations as to when to keep siblings home or if you yourself are at risk. We are here and happy to help you navigate those difficult decisions.
- The State guidance for Quarantine and Isolation for N.H. residents has stayed the much the same as far as what to do when you have illness or travel. Some of the travel guidance has changed in many of our surrounding states. N.H. has also become a higher risk state, so please be sure to monitor any travel you or your family does, and know the COVID -19 Guidelines for BOTH N.H., **and** the state to which you are traveling as well. If you have any questions as to how to manage your travel plans around the holidays, please call the 211 hotline, or call the school, and we can work with you on getting the right information. I have heard buzz on my weekly calls with Dr. Chan and the State of N.H. Dept. of Health, that there is a website that the CDC is working on to file all of this information in one place for ease. I will share that information as soon as I know more.
- Where we live on the border, please know that the State of M.A. and N.H. are NOT immediately reciprocal with testing results. If you are being tested, we urge you to test within the State of N.H. or at the very minimum understand that tests done in M.A. get reported as a M.A. case; and results will take longer to get the N.H. Dept. of Health to see and respond to the case. (N.H. has to wait many days longer to get the results, which delays contact tracing, and further complicates the stop of the spread of Covid.)

We will continue to work hard with the goals of keeping the students, families and community of Mason healthy and well educated until the pandemic is over. Please reach out to us with any questions or concerns going forward.

For a Healthy School,

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