



Mason School District

School Administrative Unit #89
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Nurse Notes

12/10/21

Dear Families,



It has been a busy week here in the health office. As the weather is changing, please remember to prepare for winter weather recess. The kids should pack boots, snow pants, hats and gloves along with their spare changes of clothes in case they get wet! It's quite common for wet clothing, spills, and accidents school-wide, and my supply of loans couldn't possibly cover all sizes!



Don't forget, The Hillsborough Oral-Health Program is once again collecting unopened dental hygiene supplies for local homeless and impoverished populations. Last year we did the same drive with overwhelming success. I hope we can do the same this year! The drive is for the entire month of December, and the donation box is located outside the health office.



With winter here and family gatherings fast approaching, please reach out for any tests you may need to ensure a safe and COVID free holiday. As a reminder, we will be masked for two weeks following the vacation to ensure we are not in the spirit of giving unwanted illness.

I am happy to report that 16 and 17 year olds can now get their booster as well! I have heard many proud families proclaiming their successful vaccination stories! If you are looking for COVID vaccine information, you may go to: <https://www.covid19.nh.gov/>. For information on where and how to get COVID vaccine information for your children aged 5-11, please see: <https://www.vaccines.gov/>. I encourage you to reach out to your pediatrician with any questions or concerns you may have about vaccines. As more and more people are getting vaccinated, it is becoming more challenging to get appointments. We are currently looking into getting a clinic to come to the school for families to attend after school hours or on a weekend to meet the demand. I will fill you in as more information is available.

We will continue to work hard with the goals of keeping the students, families and community of Mason healthy and well educated until the pandemic is over. Please reach out to us with any questions or concerns you may have.

For a Healthy School,
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