



# Mason School District

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School Administrative Unit #89  
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## Nurse Notes

5/21/19

Dear Families,

As you may have heard, there has been a recent confirmed case of Measles in our neighboring community of Keene. Please find the attached Fact sheet on Measles, from the New Hampshire Department of Health and Human Services website. The same site offers plenty of information including a Press release statement from 5/19/19, at: <https://www.dhhs.nh.gov/media/pr/2019/05202019-measles.htm> . You will also find a direct link to the CDC (Centers for Disease Control) webpage that explains more about vaccine safety at: <http://www.cdc.gov/measles/index.html> .

A public inquiry phone line is available from 8am - 4pm, including over the weekend, by calling 603-271-9461, or toll-free for NH residents at 1-800-852-3345 ext. 9461. Anyone who was potentially exposed and is not immune may need immediate vaccination to help prevent development of measles. To prevent the possibility of further spreading the disease, **anybody who feels sick should call their healthcare provider before going directly to a healthcare facility.**

While measles is spread person to person, we should also be aware of the up rise in tick activity in our area. I have pulled a few off of students already, and advocate for daily checks at home before bed, throughout the summer. Our vigilance in removal before they bite is the mainstay for prevention!

For your convenience, I have posted two fact sheets on Lyme disease itself and information on tick bites on our website. These may also be found along with more information at the Department of Health and Human Services website. <https://www.dhhs.nh.gov/dphs/cdcs/lyme/index.htm>

It is my hope that together we can curtail the rise of unwanted illness in our children and community. Please call with any questions you may have and I wish you all a safe and happy summer!

For a Healthy School,

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Danielle Carrier (School Nurse)

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