



# Mason School District

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School Administrative Unit #89  
13 Darling Hill Rd. Mason, NH 03048  
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Nurses Notes

10/13/17

The unpredictable mild weather is making it hard to believe Autumn has arrived. I would not be surprised if the plants and animals are just as confused as we are as to what time of year it is! Don't forget to set your clocks back on Sunday November 5<sup>th</sup>. This is a good time to check the batteries in your smoke alarms too!

I am seeing and hearing reports about what were thought to be ~~safe~~ caterpillars leaving a bothersome itchy rash when they are in contact with the skin. Please spread the word to your children and friends that they should be left alone when found.

While I do my best to have a supply of clothes for emergencies, my stock of spare clothing is not enough for every size student. Please remember to dress your children appropriately for the weather and prepare for the unexpected. Spills and accidents do happen during the day. *A spare change of clothes is very helpful to have in their backpacks.*

Wishing you a fun, safe and healthy October!

For a Healthy School,

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School Nurse

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