Mason

Elementary

School



August/Sept 2024

BREAKFAST MENU

Menu Subject to change





878-2962 Ext. 23

Monday Wednesday Friday

Monday		Wednesday	l hursday	Friday
		28	29	30
		Bagel w/ cream cheese	Egg, Sausage & Cheese	
		Assorted Cereal	on Croissant	Assorted Cereal
		Yogurt Assortment	Assorted Cereal	Yogurt Assortment
		Fruit, 100% Juice	Yogurt Assortment	Fruit, 100% Juice
		Choice of Milk	Fruit, 100% Juice, Milk	Choice of Milk
2 ★** ★** ★ ★ LABOR DAY ★** ★ ★ ★ ★	3	4	5 Egg, Bacon &	6
	Scrambled Eggs	Muffin	Cheese on Croissant	Assorted Cereal
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Yogurt Assortment
	Yogurt Assortment	Yogurt Assortment	Yogurt Assortment	Fruit
	Fruit	Fruit	Fruit	100% Juice & Milk
	100% Juice & Milk	100% Juice & Milk	100% Juice & Milk	
9	10	11	12 Ham, Egg & Cheese	13
Chef's Choice		Muffin	on English Muffin	
Assorted Cereal	No School	Assorted Cereal	Assorted Cereal	Assorted Cereal
Yogurt Assortment	Teacher Workshop	Yogurt Assortment	Yogurt Assortment	Yogurt Assortment
Fruit	Day/Primary Voting	Fruit	Fruit	Fruit
100% Juice & Milk		100% Juice & Milk	100% Juice & Milk	100% Juice & Milk
16 Warm Oatmeal	Smoothie	18 Muffin	19 Breakfast Burrito	20
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Yogurt Assortment	Yogurt Assortment	Yogurt Assortment	Yogurt Assortment	Yogurt Assortment
Fruit 100% Juice & Milk	Fruit 100% Juice & Milk	Fruit 100% Juice & Milk	Fruit	Fruit
100% Juice & Milk	100% Juice & Milk	100% Juice & Milk	100% Juice & Milk	100% Juice & Milk
23	24	25	26	27
Bagel w/ cream cheese	Overnight Oats w/	Muffin	Breakfast Casserole	
Assorted Cereal	Blueberries	Assorted Cereal	Assorted Cereal	Assorted Cereal
Yogurt Assortment	Assorted Cereal	Yogurt Assortment	Yogurt Assortment	Yogurt Assortment
Fruit	Yogurt Assortment	Fruit	Fruit	Fruit
100% Juice & Milk	Fruit	100% Juice & Milk	100% Juice & Milk	100% Juice & Milk
	100% Juice & Milk			
30		This institution is an equal opp	portunity provider	
Hard Boiled Egg & Sausage		·		•
Assorted Cereal				
Yogurt Assortment				
Fruit				
100% Juice & Milk		7		
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Milk choices 1% white, Fat free Chocolate Milk