



Mason School District

School Administrative Unit #89
13 Darling Hill Rd. Mason, NH 03048
Phone: (603) 878-2962 Fax: (603) 878-3439

Nurse Notes

12/02/22

Many of the “Normal” childhood illnesses have been reported in children and families attending our school over the last few weeks. These include but are not limited to: Strep Throat, conjunctivitis, RSV, Covid, Gastroenteritis, (vomit/diarrhea type illness) and even seasonal flu and colds. It is important if you are experiencing any of these that you keep in good communication with us so we may be more proactive in proper disinfection of the building, as different viruses require different methods for sanitation and disinfection. It also helps us track patterns of illness. Please see our site for more information on some of these more common ailments.

In response to the recent rise in these illnesses, Mason Elementary has, and will continue to promote good hygiene to ensure the health and wellness of our students. We routinely remind students to wash their hands frequently and practice good cough and sneeze etiquette. *As a reminder, the Dept. of Health and the Dept. of Education still advocate for students with fever, vomiting, and/or on antibiotics to **stay home for at minimum a full 24 hours from the last symptom (without the use of medication), and from the first dose of antibiotic.*** It is important to us that your child feels well enough to return. I also want to remind all that we have plenty of free tests for Covid to give away, so please do not hesitate to call the health office if you need them.

We still have plenty of lost items (sweat shirts) hanging on the railing of the main hall by the health office which students have not claimed. I also urge you to pack an extra set of clothes, and winter gear in the backpacks as accidents do happen, and I do not have a full stock of every size.

Wishing you a happy and healthy Holiday season!

Nurse Carrier

Danielle Carrier RN

dcarrier@sau89.org

603-878-2962 x18