



Mason School District

School Administrative Unit #89
13 Darling Hill Rd. Mason, NH 03048
(603) 878-2962 (603) 878-3439 (fax)

Nurses Notes

Dear Mason Families,

4/15/22

We have had reports of local illness with symptoms including but not limited to: cold/flu symptoms i.e.: fever, cough, runny nose, headache, fatigue or vomiting, as well as diagnoses of Strep throat, and the seasonal flu. Please be sure to give details of symptoms when you call your child out sick for the day. This helps us keep track of illness and proper disinfection of our school. Testing for Covid is still available to any student that has need. Please call the Health Office with any questions or concerns.

In accordance with New Hampshire Department of Health and Human services, we have advocated for any student with symptoms of illness or a fever to **stay home for a full day (24 hours after the fever/illness breaks without the use of fever reducing medication, or 24 hours after antibiotics have been started).**

To ensure the safety and health of our children during these times of illness, we will continue to educate the children on hand washing, and cough and sneeze hygiene etiquette whenever possible. We are also proactive in cleaning surfaces routinely to help stave off the unwanted viral or bacterial guests that none of us want to bring home.

Tick born diseases are also on the rise, and Lyme is one of the State of NH Reportable infectious diseases! The NH Dept. of Public Health just sent a memo out for healthcare providers. With about 60% of ticks in the state of NH carrying Lyme disease, I thought you may want some of the information as well:

For NH Dept. of Health Lyme Disease facts: <https://www.dhhs.nh.gov/dphs/cdcs/lyme/index.htm>

For CDC General Tick prevention information: <https://www.cdc.gov/lyme/prev/index.html>

For CDC Lyme Disease website: <https://www.cdc.gov/lyme/index.html>

It is our hope that together we can maintain a healthy and safe environment for both the children and their families. As always, feel free to contact the school at any time with any questions or concerns you may have at 878-2962.

For a Healthy School,
Danielle Carrier RN
School Nurse