

**Mason  
Elementary  
School**



**October 2023**

**LUNCH MENU**



**Chef Lyn**

878-2962 Ext. 23

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Meatball Sub Cucumber Coins Fruit Choice of Milk	<b>3</b> Teriyaki Chicken with Noodles Diced Carrots Dinner Rolls Fruit Choice of Milk	<b>4</b> Grilled Cheese Tomato Soup Broccoli Fruit Choice of Milk	<b>5</b> Popcorn Chicken Mashed Potato w/Gravy Seasoned Corn Fruit Choice of Milk	<b>6</b> No School Teacher Workshop Day
<b>9</b> No School Indigenous Peoples' Day	<b>10</b> French Toast Sticks Sausage Links Tasty Tater Tots Fruit Choice of Milk	<b>11</b> Cheeseburger Diced Carrots Fruit Choice of Milk	<b>12</b> Chicken Tenders & Waffles Baked Beans Sweet Potato Fries Fruit Choice of Milk	<b>13</b> Nacho's Seasoned Meat, Cheese Lettuce, Tomato, Salsa Seasoned Corn Fruit Choice of Milk
<b>16</b> Grilled Hot Dog Baked Beans Green Beans Fruit Choice of Milk	<b>17</b> Mozzarella Cheese Sticks Marinara Cup Broccoli Fruit Choice of Milk	<b>18</b> Mandarin Orange Chicken Brown Rice Glazed Carrots Fruit Choice of Milk	<b>19</b> Chicken Quesadilla Seasoned Corn Salsa, Sour Cream Fruit Choice of Milk	<b>20</b> Lasagna Garden Salad Garlic Toast Fruit Choice of Milk
<b>23</b> Crispy Chicken Drumstick Carrots & Dip Fruit Choice of Milk	<b>24</b> Pasta w/Meat sauce Garlic Toast Green Beans Fruit Choice of Milk	<b>25</b> Turkey & Cheese Sandwich Baked Chips Cucumber & Dip Fruit Choice of Milk	<b>26</b> Beef Taco's Lettuce, Tomato, Salsa Rice Seasoned Corn Fruit Choice of Milk	<b>27</b> Chicken Parmesan Flatbread Sweet Potato Fries Fruit Choice of Milk
<b>30</b> Cheeseburger Roasted Butternut Squash Fruit Choice of Milk	<b>31</b> Spooky Chicken Nuggets Ghost Potatoes Frightful Fruit Choice of Milk			

**Snack Milk or Juice - \$0.55**

**Breakfast - \$1.90**

**Lunch - \$2.95**

Drink Choices: Fat Free Chocolate Milk,

Low Fat White Milk

Juice

This institution is an equal opportunity provider