



JANUARY THYROID DISEASE AWARENESS MONTH

Please visit www.uchealth.com/en/conditions/thyroid-problems for more information (link in description)

DID YOU KNOW...



1 in 10 people suffer from a Thyroid disorder

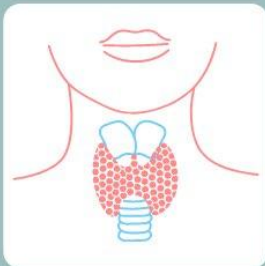


1 in 8 Women will develop a Thyroid disorder during her lifetime



Millions Are Affected -- And Don't Even Know It!

WHAT IS YOUR THYROID?



A small butterfly-shaped gland located at the base of the neck

WHAT DOES YOUR THYROID DO FOR YOU?

- Produces hormones that influence the heart, brain, liver, kidneys, and skin.
- Vital for the growth, development, and regulation of the body.
- Several different disorders can arise when your thyroid produces too much hormone (**hyperthyroidism**) or not enough (**hypothyroidism**).

COMMON THYROID DISORDERS

- Hyperthyroidism
- Hypothyroidism
- Graves' Disease
- Hashimoto's Thyroiditis
- Thyroid Nodules
- Thyroid Cancer
- Thyroid Eye Disease