

Mason School District

School Administrative Unit #89 13 Darling Hill Rd. Mason, NH 03048 Phone: (603) 878-2962 Fax: (603) 878-3439

2/6/24

Dear Parent or Guardian,

It looks like several illnesses have made their way to our school. The CDC and NH Dept. of Public Health have also warned us of the rise in RSV, Seasonal Flu, and regular childhood illnesses being on the rise as well. (Strep Throat being one of the most prevalent!) With the recent rise in viral and or bacterial infections noted in our area, we feel it is necessary to be proactive in ways to educate and eradicate. Please remember "Noro or Norwalk" type viruses are **not** killed off by hand sanitizers. Proper hand washing with soap and water is the staple to avoid contracting this type of gastrointestinal illness.

Our school has taken several precautionary measures to encourage the safety and health of our children during these times of illness. In accordance with New Hampshire Department of Health and Human services, we have advocated for any student with symptoms of illness or a fever to *stay home until 24 hours after the fever/illness breaks, or 24 hours after antibiotics and or treatment have been started.* We have taken proactive measures in the disinfection of our school, and will continue to educate the children on hand washing, cough and sneeze-hygiene etiquette whenever possible.

Please prepare for the changing weather, and pack the backpack with appropriate clothing for recess time. We still have several sweat shirts, and tops awaiting their owners in the main hall by the Health office. Next time you are here, please have a look!

It is our hope that together we can maintain a healthy and safe environment for both the children and their families while utilizing the school's facilities. Please feel free to contact the school at any time with any questions or concerns you may have.

For a Healthy School,

Danielle Carrier RN School Nurse