



Mason School District

School Administrative Unit #89

13 Darling Hill Rd. Mason, NH 03048

Phone: (603) 878-2962 Fax: (603) 878-3439

3/21/25

Dear Parent or Guardian,

Happy Spring to all! Weather changes bring changes in health needs. We have noted the stomach bug and seasonal allergies are also already starting! Please remember “Noro or Norwalk” type viruses (causing vomiting and diarrhea) are **not** killed off by hand sanitizers. Proper hand washing with soap and water is the staple to avoid contracting this type of gastrointestinal illness.

In accordance with New Hampshire Department of Health and Human services, we advocate for any student with symptoms of illness or a fever to ***stay home until 24 hours after the fever/illness breaks, or 24 hours after antibiotics and/or treatment have been started.*** We have taken proactive measures in the disinfection of our school, and will continue to educate the children on hand washing, cough and sneeze-hygiene etiquette whenever possible.

Please prepare for the changing weather, and pack the backpacks with appropriate clothing for recess time. Mud, and accidents, happen all the time. We still have several sweatshirts, jackets, gloves, hats and tops awaiting their owners in the main hall by the Health office. Next time you are here, please have a look!

It is our hope that together we can maintain a healthy and safe environment for both the children and their families while utilizing the school’s facilities. Please feel free to contact the school at any time with any questions or concerns you may have.

For a Healthy School,

Danielle Fisher RN
School Nurse